



Poway Unified School District
15250 Avenue of Science, San Diego CA 92128

Health Services
Attendance Letter – Student Illness

Dear Parent/Guardian:

Good health is critical for the learning process to take place. It is for this reason that students who are too ill to participate in normal activities should be excluded from school/ESS attendance. Not only are they unable to derive any benefits from the educational process when ill, but they may also be infecting other children and thus preventing them from attending school/ESS.

It is for the above reasons that the following criteria for school/ESS attendance will be followed:

1. In general, students too ill to participate in normal activities and/or adequately function in the classroom setting should be excluded.
2. Students with a temperature of 100.4°F or above should be excluded until the temperature returns to normal for at least 24 hours.
3. Students with persistent vomiting should be excluded until vomiting has stopped for at least 24 hours.
4. Students with persistent diarrhea should be excluded until diarrhea has ceased for at least 24 hours.
5. Students with suspected contagious disease (i.e., rash with fever) should be excluded until released by medical care provider (in writing), or until symptoms are no longer present.
6. Students who have undergone a medical procedure requiring general anesthesia should stay home for at least 24 hours.
7. Students with upper respiratory infections with temperature of 100.4°F or above, and a productive cough or excessive coughing should stay at home until all symptoms are gone for 24 hours or a written medical release is obtained.
8. Students receiving antibiotic medication may attend school when they have been taking the medicine for 24 hours.
9. If medicine is needed at school, written physician and parent permission (H-26) is required.