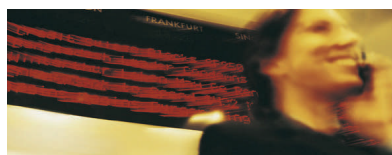




ACTIVE PARENTING OF TEENS

2011-2012

THE TEEN YEARS ARE FILLED WITH CHANGE AND CHALLENGE.



“Active Parenting of Teens” is a highly successful program that helps parents meet the challenges of parenting teens and preteens in today’s turbulent society. Parents will learn the skills they need to communicate effectively with their teens, encourage better behavior, use positive discipline techniques, and teach responsibility.

“Active Parenting of Teens”, presented by Laurie Wong, is a Michael Popkin, Ph.D. series which includes video, interactive discussion, and practical solutions.

See reverse side for class schedules and registration. Prior registration is encouraged due to increasing class sizes. We appreciate your patience and cooperation.

COST:

Cost for the series is \$39 for individual, \$69 for couples, plus \$15 for “Active Parenting” book. **Sorry No Refunds.**

YOU WILL LEARN

HOW TO:

- Talk with your adolescent about violence, sex, alcohol and other drugs
- Solve problems together
- Reinforce your adolescent’s courage and inner strength
- Build your adolescent’s sense of responsibility
- Communicate effectively and gain respectful behavior from your adolescent
- Discipline effectively
- Ways to make parenting less stressful

▶ ▶ ▶ **CALL FOR INFORMATION:**

858-668-4084

SCHEDULE OF CLASSES: 2011-2012

DATES: Thursdays: 9/22, 9/29, 10/6, 10/13
6:30-8:30

Meadowbrook Middle School
Library / Learning Resource Center
12320 Meadowbrook Lane

Thursdays: 10/27, 11/3, 11/10, 11/17
6:30-8:30

Twin Peaks Middle School
Library / Learning Resource Center
14640 Tierra Bonita Road

Thursdays: 1/19, 1/26, 2/2, 2/9
6:30-8:30

Black Mountain Middle School
Library / Learning Resource Center
9353 Oviedo Street

Thursdays: 3/8, 3/15, 3/22, 3/29
6:30-8:30

Bernardo Heights Middle School
Library / Learning Resource Center
12990 Paseo Lucido

Wednesdays: 5/9, 5/16, 5/23, 5/30
6:30-8:30

Mesa Verde Middle School
Library / Learning Resource Center
8375 Entreken Way

To register:

Please complete the registration form (see below) and mail along with your check to:

Poway Unified School District
Student Support Services
ATTN: Caring Connections Center
13626 Twin Peaks Road Bldg. 300
Poway, CA 92064

Please note:

- ⇒ We are accepting walk-ins on the first evening of the series. Please arrive **30 minutes early** to the class if you wish to be a walk-in. The class is filled on a first come, first served basis. We appreciate your patience and cooperation.
- ⇒ Checks should be made payable to: **PUSD**

Please sign me up for the 2011-2012 Active Parenting of Teens series:

Name (s): _____

Address/City/Zip: _____

Phone(s): Home: _____ Work/Cell: _____

E-mail: _____

Amount enclosed: \$69 Couple \$39 Individual Plus Text Book \$15 Total = _____

SORRY, NO REFUNDS

Which series would you like to attend?

Please check only one

- Meadowbrook
- Twin Peaks
- Black Mountain
- Bernardo Heights
- Mesa Verde

School(s) your child(ren) attend: _____

How did you hear about this workshop?

- Friend or relative
- Flyer at school
- Connect Ed email
- Newspaper