



You're Invited to Our
BOOK FAIR!

It's a Reading Celebration!
 May 14th - 18th

Mon - Thurs 8:00-11:00 & 2:00-3:30, Fri. 8:00-1:30 p.m.
 Rolling Hills, Room 16

Pastries W/Parents - Wednesday, 5/16 7:30 a.m.

SCHOLASTIC
 Read Every Day. Lead a Better Life.

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RHES Calendar

May 4th	Jamba Juice
May 11th	Jamba Juice
May 14th-18th	Book Fair
May 16th	Pastries for Parents 7:30am
May 25th	Jamba Juice
May 28th	Memorial Day, school closed.
May 31st	PTA Meeting
June 6th	5th Grade Promotion, 1pm.
June 7th	Last Day of School

Rolling Hills Elementary School

Principal: Kathleen Marshack
 15255 Peñasquitos Drive • San Diego • CA 92129
 Office: 858-672-3400 • ESS: 858-672-0261
 24-hour attendance hotline: 858-672-0857
 Website: www.powayusd.com/RHES

Rolling Hills Elementary School PTA

Every Child • One Voice
 Website: www.rollinghillsppta.org
 President: Melissa Thurber mthurberpta@gmail.com
 Puma Tracks Editor: Dianne Buss dkbuss68@gmail.com



BOOK FAIR VOLUNTEERS NEEDED!



The spring Book Fair is fast approaching and volunteers are needed. It will be held the week of May 14th and morning help is needed. The times are from 7:50 – 11:00 each day. There is also a need for a couple of helpers in the afternoon from 2:00 – 3:30. No prior experience is needed as training will be provided to run the cash register. Please contact Anne Mckeirnan at anne.mckeirnan@gmail.com if you are able to help. Thanks!



BEACH DAY SPECIAL



FRIDAY, MAY 25, 2012

Hamburgers

Hot dogs

Fresh Fruit & Vegetables

Chips, Cookie & Milk

\$2.75



Staff Appreciation Week

May 7th - 11th

updated

Our Staff do so much for our children!
Let's show them how appreciative we are!

Staff Appreciation Week is presented each year to recognize the outstanding effort & accomplishments of the INCREDIBLE staff at Rolling Hills Elementary. This terrific team of individuals includes our Principal, Teachers, Secretary, Nurse, Librarian, Aides, Specialists, Cafeteria Staff, Custodians, Yard Duty, ESS, and any other Employee that plays a significant roll in your child's school day.

Your PTA is planning a week of FUN, yet simple things to really show our appreciation. Outlined below are *suggested* themes and ideas for each day of the week. As always, this is an optional program, but your participation is truly appreciated.

DATE	THEME	SUGGESTED IDEAS
Monday, May 7 th	Flowers	Send in a favorite flower for staff (real, tissue, hand drawn, etc)
Tuesday, May 8 th	Supplies	Supply a ream of paper for classroom printers or EXPO chisel tip dry erase markers and erasers OR ask your teacher what classroom supplies are needed
Wednesday, May 9 th	Words from the heart	Students and/or parents send in notes of appreciation
Thursday, May 10 th	Literacy	Donate a book to the classroom library
Friday, May 11 th	Fun & Laughs	Use your imagination and have fun (see attached ideas)
Monday, Wednesday, Thursday OR Friday	Lunch	Organize lunch for a staff member (ask staff member if you can treat them to lunch, what they would like and what time they have lunch)

RHES PTA needs your help! The PTA is hosting a "Garden Party" lunch for our amazing staff on **Tuesday, May 8th** in the Staff Lounge from 10:45am to 1:15pm. If you would like to pitch in with your favorite quiche, salad, paper supplies, drinks, dessert and/or your time, please fill in this portion of the flier and return it to the office or your child's teacher by Wednesday, May 2nd. A confirmation email will be sent prior to this event with all the necessary details. ~ THANK YOU for your support!

Parent Name: _____ Child's Name: _____ Room #: _____

Email: _____ Contact Number: _____

I can provide:

Quiche (specify: _____) Salad (specify: _____) Dessert (specify: _____)

Bread/Crackers/Pita/etc (specify: _____) Paper Products (bowls, spoons, dessert plates, forks)

I can provide:

muffins or bagels or donuts (please circle one) for the Staff Lounge on:

___ Monday, May 7th ___ Wednesday, May 9th ___ Thursday, May 10th ___ Friday, May 11th

Questions: Steffanie Rios steffanie_rios@rocketmail.com 858-672-2438



Grief and Loss

**Are you struggling with
grief and loss?**

**Are you concerned about a child or teen
who is grieving?**

Join us for a free informal evening with

Lynn Gary

MFT

Thursday

May 10th from 6-8 p.m.

Caring Connections Center

13626 Twin Peaks Rd. Bldg. 300

Poway, CA 92064

- ⇒ **Did you know that we all grieve differently?**
- ⇒ **There is no "normal" timetable for grieving?**
- ⇒ **Have you or a loved one experienced shock, sadness, guilt, anger or fear?**
- ⇒ **Do you suffer from fatigue, nausea, weight loss or gain, lowered immunity, aches and pains or insomnia?**

Learn about the stages of grief and how best to take care of yourself and your family.

Prior registration is required. Please call the Caring Connections Center at 858-668-4084 and leave your name and phone number to register.

Don't miss it!