



POWAY UNIFIED SCHOOL DISTRICT

Fall 2011

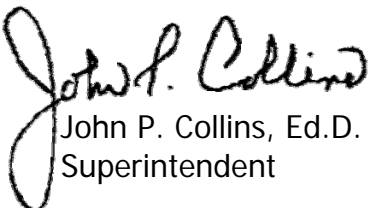
Dear Parent/Guardian:

Too Good for Drugs is a school-based prevention program that has been approved by the Poway Unified School Board of Education. This program is designed to reduce risk factors and enhance protective factors related to alcohol, tobacco, and other drug (ATOD) use among students. *Too Good for Drugs* has a separate, developmentally appropriate, drug prevention curriculum at each grade level. Each curriculum builds on earlier grade levels and strengthens five essential life skills: goal setting; decision making; bonding with pro-social others; identifying and managing emotions; and communicating effectively.

Parents can make a crucial difference in their child's attitudes and behaviors associated with ATOD use. Research has shown parental involvement to be a key factor in boosting resiliency and fostering healthy development in children. Therefore, a family involvement in the *Too Good for Drugs* program is integral. Each student workbook includes a Home Workout page. This is an excellent tool that promotes ongoing discussion with your child.

Detailed information about the *Too Good for Drugs* program can be found at www.mendezfoundation.org. If you have any questions about the *Too Good for Drugs* program, please contact your school principal.

Sincerely,



John P. Collins, Ed.D.
Superintendent