



Students with October Birth Dates who buy lunch will receive a treat!




POWAY UNIFIED SCHOOL DISTRICT

OCTOBER

NATIONAL SCHOOL LUNCH week:
OCTOBER 10th - 14th



2011 ELEMENTARY SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <ul style="list-style-type: none"> Chicken Sticks Cheese Tortellini with Marinara Sauce <p>▶ Midland</p>	<p>4</p> <ul style="list-style-type: none"> Cheese Pizza Wedge Turkey Hot Dog <p>▶ Canyon View</p>	<p>5</p> <ul style="list-style-type: none"> Salisbury Steak with Gravy and Noodles Chicken Corn Dog 	<p>6</p> <ul style="list-style-type: none"> Orange Chicken with Steamed Rice Turkey Pizza Pocket <p>▶ Chaparral, Del Sur, Creekside</p>	<p>7</p> <ul style="list-style-type: none"> BBQ Pork Rib Sandwich Cheese Breadsticks with Marinara Sauce <p>▶ Adobe Bluffs</p>
<p>10</p> <ul style="list-style-type: none"> Pepperoni Pizza Strip Teriyaki Beef Dippers with Steamed Rice <p>▶ Garden Road</p>	<p>11</p> <ul style="list-style-type: none"> Chicken Strips Spaghetti with Meat Sauce <p>▶ Los Penasquitos</p>	<p>12</p> <ul style="list-style-type: none"> Cheese Pizza Wedge Chicken Patty Sandwich 	<p>13</p> <ul style="list-style-type: none"> Breaded Baked Chicken Haystack - Ground Turkey, Beans, and Cheese on Corn Tortilla Chips <p>▶ Painted Rock, Monterey Ridge, Pomerado</p>	<p><i>Fresh Bake Cookie Day</i> 14</p> <ul style="list-style-type: none"> Cheeseburger Fish Sticks <p>▶ Deer Canyon</p> 
<p>17</p> <ul style="list-style-type: none"> Teriyaki Chicken & Rice Chicken Corn Dog <p>▶ Valley</p>	<p>18</p> <ul style="list-style-type: none"> Chicken Nuggets Cheesy Bean Nachos - Beans and Cheese on Corn Tortilla Chips <p>▶ Sunset Hills</p>	<p>19</p> <ul style="list-style-type: none"> Pepperoni Pizza Wedge BBQ Chicken Sandwich 	<p>20</p> <ul style="list-style-type: none"> Macaroni and Cheese Brunch for Lunch: Egg Dipped Cinnamon Glazed French Toast with Chicken Sausage <p>▶ Turtleback, Stone Ranch</p>	<p>21</p> <ul style="list-style-type: none"> Super Taco - Ground Turkey and Cheese in a Taco Shell Grilled Cheese Sandwich <p>▶ Park Village, Highland Ranch</p>
<p><i>Fresh Bake Cookie Day</i> 24</p> <ul style="list-style-type: none"> Chicken Sticks Cheese Tortellini with Marinara Sauce 	<p>25</p> <ul style="list-style-type: none"> Cheese Pizza Wedge Turkey Hot Dog <p>▶ Rolling Hills</p>	<p>26</p> <ul style="list-style-type: none"> Salisbury Steak with Gravy and Noodles Chicken Corn Dog 	<p>27</p> <ul style="list-style-type: none"> Orange chicken with Steamed Rice Turkey Pizza Pocket <p>▶ Westwood, Willow Grove, Shoal Creek</p>	<p>28</p> <ul style="list-style-type: none"> Cheese Breadsticks with Marinara Sauce BBQ Pork Rib Sandwich <p>▶ Sundance, Tierra Bonita</p>

Birthdays Treat Day  31

- Pepperoni Pizza Strip
- Teriyaki Beef Dippers with Steamed Rice



BIG DADDY'S PIZZA - \$2.75

Served at designated schools in place of the regular entrée on the dates listed. Look for the ▶ symbol.

Menus subject to changes—Notice given when possible.
This institution is an equal opportunity provider.

Each School Lunch offers:

- Entrée—Choice of Daily Special or Alternate Entrée
- Self-Serve Salad Bar—A Variety of Fruits and Vegetables
- Milk Choices

