

★ Salad Bar Stars ★

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OCTOBER 2011 ★ ★

Starring...

Terrifically Tossed Green Salad and Crunchy Croutons

Featuring Fresh and Fabulous Fruits:

MONDAY	Ruby Red Apple
TUESDAY	Bobby Banana
WEDNESDAY	Crazy Kiwifruit Wedges
THURSDAY	Outrageous Orange Wedges
FRIDAY	Awesome Apple

Introducing Vivacious Vegetables:

MONDAY	Bright-Eyed Baby Carrots and Greenie Beanie Beans
TUESDAY	Snappy Celery Sticks and Peppy Peas & Carrots
WEDNESDAY	Beautiful Broccoli and Kidding Kidney Beans
THURSDAY	Cutie Caroteenies and Colorful Corn
FRIDAY	Tasty Tomatoes and Exciting Edamame

Special Guest Appearances by:

MONDAY	Perky Pears and Mouthwatering Mixed Fruit
TUESDAY	Amazing Apricots and Burstin' Blueberry Apples
WEDNESDAY	Spectacular Strawberry Cups and Cheery Cherries
THURSDAY	Scrumptious Cinnamon Apples and Rockin' Raisins
FRIDAY	Pretty Peaches and Berry Good Blueberries

Remember to eat 1 1/2 cups of fruit and 2 1/2 cups of vegetables every day!

Menu is subject to change; notice given when possible.
This is an equal opportunity provider.

