



POWAY UNIFIED SCHOOL DISTRICT









NOVEMBER



Nov. 30th: Students with November birthdays will receive a treat!

www.powayusd.com/nutrition

2011 PRESCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Each School Lunch offers:</p> <ul style="list-style-type: none"> • Choice of entrée • Variety of fruits and vegetables • Low-fat white or non-fat chocolate milk 	<p>1</p> <ul style="list-style-type: none"> • Chicken Strips (3 each) • Yogurt and Animal Crackers 	<p>2</p> <ul style="list-style-type: none"> • Chicken Patty Sandwich • Yogurt and Animal Crackers 	<p>3</p> <ul style="list-style-type: none"> • Haystack - Turkey, Beans, and Cheese on Tortilla Chips • Yogurt and Animal Crackers 	<p>4</p> <ul style="list-style-type: none"> • Cheeseburger • Yogurt and Animal Crackers
<p>7</p> <ul style="list-style-type: none"> • Chicken Corn Dog • Yogurt and Animal Crackers 	<p>8</p> <ul style="list-style-type: none"> • Bean and Cheese Burrito • Yogurt and Animal Crackers 	<p>9</p> <p>Special Holiday Meal \$2.75</p>  <p>Turkey and Gravy with Mashed Potatoes, Holiday Cookie Treat (details below)</p>	<p>10</p> <ul style="list-style-type: none"> • Macaroni and Cheese (#8 scoop) • Yogurt and Animal Crackers 	<p>11</p>  <p>Veterans Day No School</p>
<p>14</p> <ul style="list-style-type: none"> • Cheese Tortellini with Marinara Sauce • Yogurt and Animal Crackers 	<p>15</p> <ul style="list-style-type: none"> • Cheese Pizza Wedge • Yogurt and Animal Crackers 	<p>16</p> <ul style="list-style-type: none"> • Salisbury Steak with Gravy and Noodles • Yogurt and Animal Crackers 	<p>17</p> <ul style="list-style-type: none"> • Orange Chicken with Steamed Rice • Yogurt and Animal Crackers 	<p>18</p> <ul style="list-style-type: none"> • Cheese Breadsticks with Marinara Sauce • Yogurt and Animal Crackers
<p>21</p> <p>District Recess No School</p> 	<p>22</p> <p>District Recess No School</p>	<p>23</p> <p>District Recess No School</p> 	<p>24</p> <p>Thanksgiving Day No School</p> 	<p>25</p> <p>District Recess No School</p> 
<p>28</p> <ul style="list-style-type: none"> • Pepperoni Pizza Strip • Yogurt and Animal Crackers 	<p>29</p> <ul style="list-style-type: none"> • Spaghetti with Meat Sauce • Yogurt and Animal Crackers 	<p>30</p> <p>Birthday Treat Day</p>  <ul style="list-style-type: none"> • Cheese Pizza Wedge • Yogurt and Animal Crackers 	<p>Special Holiday Meal \$2.75 (Nov.9) Holiday Meal also includes Dinner Roll, Cranberry Sauce, Fruits and Vegetables, and Milk. Alternate entrée choice: Yogurt with Animal Crackers</p> 	

Menu subject to change; notice given when possible. This institution is an equal opportunity provider.