

Help and Hotlines



California Department of Alcohol and Drug Programs
916-445-0834

California Youth Crisis Line
1-800-843-5200

Domestic Violence Hotline
1-888-272-1767

National Alcohol and Drug Abuse Hotline
1-800-252-6465

National Certified Crisis Hotline
1-800-784-2433

Rape-Crisis Hotline
1-888-272-1767

San Diego County Health and Human Services Agency
Alcohol and Drug Services 619-692-5727

San Diego County Child Protective Services
1-800-344-6000

Youth-To-Youth Helpline
1-866-222-1886
1-888-999-TEEN

Al-Anon Family Groups
619-296-2666

National Youth Crisis Hotline
1-800-442-HOPE