

Physical Education
Black Mountain Middle School
Make-Up | Injury worksheet

- 1- What is the Isthmus?
- 2- How do you produce lactic acid? (be brief)
- 3- Who is Bob Beamon? What did he do?
- 4- Javier Sotomayor did what?
- 5- Who is recognized in sports today as truly egocentric?
- 6- Who is recognized as a team player in today's era of athletes?
- 7- Name (3) great cornerbacks who came from USC?
- 8- Where did Lester Hayes come from and what position did he play?
- 9- Where did Wes Chandler come from after he was traded to the Chargers?
- 10- What is HGH?