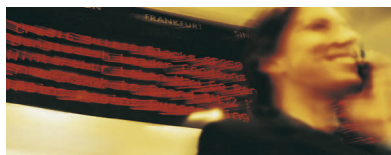




# ACTIVE PARENTING OF TEENS

2011-2012

THE TEEN YEARS ARE FILLED WITH CHANGE AND CHALLENGE.



“Active Parenting of Teens” is a highly successful program that helps parents meet the challenges of parenting teens and preteens in today’s turbulent society. Parents will learn the skills they need to communicate effectively with their teens, encourage better behavior, use positive discipline techniques, and teach responsibility.

“Active Parenting of Teens”, presented by Laurie Wong, is a Michael Popkin, Ph.D. series which includes video, interactive discussion, and practical solutions.

*See reverse side for class schedules and registration. Prior registration is encouraged due to increasing class sizes. We appreciate your patience and cooperation.*

**COST:**

**\$54 for individuals = (\$39 registration/ \$15 book)**  
**\$84 for couples = (\$69 registration/\$15 book)**  
**Sorry No Refunds.**

**YOU WILL LEARN HOW TO:**

- Talk with your adolescent about violence, sex, alcohol and other drugs
- Solve problems together
- Reinforce your adolescent’s courage and inner strength
- Build your adolescent’s sense of responsibility
- Communicate effectively and gain respectful behavior from your adolescent
- Discipline effectively
- Ways to make parenting less stressful

▶ ▶ ▶ **CALL FOR INFORMATION:**

**858-668-4084**

